

# Hit the Floor and Start Having Fun!

## **Links to resources and information**

### **Video**

This video (9 minutes) gives an overview of DIR-Floortime principles with parents, researchers and therapists talking about the model and its basic ideas:

<http://www.interactingwithautism.com/section/treating/floort>

### **Books**

Sibylle Janert's illustrated *MindBuilders Play Manual* is full of ideas for activities. [http://www.mindbuilders-consulting.org/Our\\_shop.html](http://www.mindbuilders-consulting.org/Our_shop.html) This website also has this and other resources available to buy.

*Engaging Autism* is Stanley Greenspan and Serena Wieder's most recent book about DIF-Floortime intervention. <http://www.amazon.co.uk/Engaging-Autism-Floortime-Approach-Communicate/dp/0738210943>

### **Websites**

MindBuilders: [www.mindbuilders-consulting.org](http://www.mindbuilders-consulting.org)

The P.L.A.Y. Project: <http://www.playproject.org/>

ICDL: [www.icdl.com](http://www.icdl.com)

The Floortime Centre: [www.stanleygreenspan.com](http://www.stanleygreenspan.com)

Profectum: [www.profectum.org](http://www.profectum.org)

### **Research**

<http://www.playproject.org/research-evidence/>

<http://www.bbmh.manchester.ac.uk/pact>

### **Contact me**

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